

KNOX HIGH SCHOOL LUNCH MENU
AUGUST-2017

MENU IS SUBJECT TO CHANGE!

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| | | | POPTART 3 HOT DOG/BUN GARDEN SALAD CHIPS CORN PINEAPPLE FRESH FRUIT | APPLE BOSCO STICK 4 STUFF CRUST PIZZA CHIPS GARDEN SALAD GREEN BEANS PEARS SMOOTHIE FRESH FRUIT |
| CEREAL BAR 7 YOGURT | PANCAKE WRAP 8 | SAUSAGE BISCUIT 9 | POPTART 10 | SAUSAGE GRAYY HOT BISCUIT 11 |
| RAVIOLI DINNER ROLL GARDEN SALAD DICED TOMATOES DICED CUCUMBERS CALIFORNIA BLEND SPICED APPLES SMOOTHIE FRESH FRUIT | CORN DOG CHIPS GARDEN SALAD CELERY STICKS & DIP MIXED VEGETABLES APPLESAUCE FRESH FRUIT | CHALUPA LETTUCE & TOMATO SPANISH RICE GARDEN SALAD REFRIED BEANS BROCCOLI PEACHES SMOOTHIE FRESH FRUIT | CHICKEN PATTY/BUN AUGRATIN POTATOES GARDEN SALAD CORN PINEAPPLE FRESH FRUIT | CALZONE CHIPS GARDEN SALAD PEAS PEARS SMOOTHIE |
| CHERRIOS BAR 14 YOGURT | BREAKFAST STICK 15 | CINNAMON TOAST 16 | POPTART 17 | SAUSAGE GRAYY 18 HOT BISCUIT |
| MOSTACCIOLI / MEAT SAUCE BREADSTICK GARDEN SALAD DICED TOMATOES DICED CUCUMBERS CALIFORNIA BLEND SPICED APPLES SMOOTHIE FRESH FRUIT | PORK - TENDERLOIN/BUN ONION RINGS GARDEN SALAD MIXED VEGETABLES APPLESAUCE FRESH FRUIT | SOFT SHELL TACO LETTUCE & TOMATO REFRIED BEANS SPANISH RICE GARDEN SALAD BROCCOLI MANDARIN ORANGES SMOOTHIE FRESH FRUIT | CHICKEN NUGGETS MASHED POTATOES CHICKEN GRAYY GARDEN SALAD CORN DINNER ROLL PINEAPPLE CUP | PEPPERONI ROUND PIZZA CHIPS GARDEN SALAD CARROTS PEARS SMOOTHIE |
| DONUTS 21 YOGURT | BREAKFAST BURRITO 22 | MINI FRENCH TOAST 23 | POPTART 24 | SAUSAGE GRAYY HOT BISCUIT 25 |
| MEATBALL SUB CHIPS GARDEN SALAD DICED TOMATOES DICED CUCUMBERS CALIFORNIA BLEND SPICED APPLES SMOOTHIE FRESH FRUIT | CHEESEBURGER/BUN RANCH FRIES GARDENSALAD CELERY STICKS & DIP MIXED VEGETABLES APPLESAUCE FRESH FRUIT | CHEESY BURRITO LETTUCE & TOMATO NACHO & CHEESE GARDEN SALAD REFRIED BEANS BROCOLLI PEACHES SMOOTHIE FRESH FRUIT | CHICKEN RINGS MAC & CHEESE GARDEN SALAD CORN DINNER ROLL PINEAPPLE CUP | GARLIC CHEESE PIZZA CHIPS GARDEN SALAD GREEN BEANS PEARS SMOOTHIE |
| MUFFINS 28 YOGURT | APPLE & CHERRY FRUDELL 29 | MINI PANCAKE 30 | POPTART 31 | |
| ITALIAN CHICKEN/BUN GARDEN SALAD DICED TOMATOES DICED CUCUMBERS CALIFORNIA BLEND SPICED APPLES SMOOTHIE FRESH FRUIT | MCRIB/BUN FRENCH FRIES GARDEN SALAD CELERYSTICKS & DIP MIXED VEGETABLES APPLESAUCE | QUESADILLA LETTUCE & TOMATO SPANISH RICE GARDEN SALAD REFRIED BEANS BROCCOLI MANDARIN - ORANGES SMOOTHIE FRESH FRUIT | SWEET & SOUR CHICKEN RICE EGG ROLL GARDEN SALAD CORN PINEAPPLE FRESH FRUIT | |

KNOX COMMUNITY SCHOOLS ARE AN EQUAL OPPORTUNITY EMPLOYEE

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