

**KNOX H.S. BREAKFAST – LUNCH MENU
NOVEMBER- 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		BREAKFAST STICK 1 HOT DOG/BUN FRENCH FRIES CELERY STICKS & DIP GARDEN SALAD BROCCOLI PEACHES SMOOTHIE FRESH FRUIT	POPTART 2 CHICKEN PATTY/BUN AUGRATIN POTATOES GARDEN SALAD CORN PINEAPPLE FRESH FRUIT	HOT BISCUIT SAUSAGE GRAVY 3 CHEESE BREAD RIPPERS CHIPS GARDEN SALAD GREEN BEANS PEARS SMOOTHIE FRESH FRUIT
CEREAL BAR 6 YOGURT MOSTACCIOLI/ MEATSAUCE BOSCO STICK GARDEN SALAD DICED TOMATOES DICED CUCUMBERS CALIFORNIA BLEND SPICED APPLES SMOOTHIE FRESH FRUIT	MINI PANCAKES 7 PORK - TENDERLOIN/BUN TATER TOTS GARDEN SALAD MIXED VEGETABLES CUP APPLESAUCE FRESH FRUIT	BREAKFAST PIZZA 8 CHEESY BURRITO/ CHALUPA NACHO & CHEESE REFRIED BEANS GARDEN SALAD BROCCOLI PEACHES SMOOTHIE FRESH FRUIT	POPTART 9 CHILI BAKED POTATOES CORNBREAD GARDEN SALAD CORN PINEAPPLE FRESH FRUIT	HOT BISCUIT SAUSAGE GRAVY 10 PIZZA BITES GARDEN SALAD PEAS & CARROTS PEARS SMOOTHIE FRESH FRUIT
DONUTS 13 YOGURT ITALIAN CHICKEN/BUN BAKED LAYS GARDEN SALAD DICED TOMATOES DICED CUCUMBERS CALIFORNIA BLEND SPICED APPLES SMOOTHIE FRESH FRUIT	BREAKFAST COOKIE 14 MCRIB/BUN SPUDSTERS COLESLAW GARDEN SALAD CELERY STICK & DIP MIXED VEGETABLES CUP APPLESAUCE FRESH FRUIT	MINI FRENCH TOAST 15 SOFT SHELL TACO RED BEANS & RICE REFRIED BEANS GARDEN SALAD BROCCOLI PEACHES SMOOTHIE FRESH FRUIT	POPTART 16 THANKSGIVING LUNCH!!!	HOT BISCUIT SAUSAGE GRAVY 17 CALZONE CHIPS GARDEN SALAD GREEN BEANS PEARS SMOOTHIE FRESH FRUIT
PEANUT BUTTER 20 WAFER YOGURT RAVIOLI DINNER ROLL GARDEN SALAD DICED CUCUMBERS DICED TOMATOES CALIFORNIA BLEND SPICED APPLES SMOOTHIE FRESH FRUIT	APPLE & CHERRY FRUPELL 21 PIZZA BURGER/BUN CHEESE FRIES GARDEN SALAD MIXED VEGETABLES CUP APPLESAUCE FRESH FRUIT	NO SCHOOL!	NO SCHOOL! HAPPY THANKSGIVING	NO SCHOOL!
MUFFIN 27 YOGURT CHICKEN ALFREDO BREADSTICK GARDEN SALAD DICED CUCUMBERS DICED TOMATOES CALIFORNIA BLEND SPICED APPLES SMOOTHIE FRESH FRUIT	BOSCO APPLE STICK 28 POLISH SAUSAGE/BUN GRILLED ONIONS & PEPPERS FRENCH FRIES GARDEN SALAD MIXED VEGETABLES CUP APPLESAUCE FRESH FRUIT	SAUSAGE BISCUIT 29 SOFT SHELL FAJITA LETTUCE & TOMATO SPANISH RICE REFRIED BEANS GARDEN SALAD BROCCOLI PEACHES SMOOTHIE FRESH FRUIT	POPTART 30 SWEET & SOUR CHICKEN RICE EGG ROLL GARDEN SALAD CORN PINEAPPLE FRESH FRUIT	

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MENU IS SUBJECT TO CHANGE!