KNOX COMMUNITY MIDDLE SCHOOL

APRIL 2024 BREAKFAST & LUNCH MENU

AT THE 2024 BREARINGST &				
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Pancake Sausage Stick	Mini Cinnis	Yogurt Parfait	Mini Donuts	Biscuit & Gravy
Mini Waffles & Cheesy Omelet	Walking Taco w/ Queso & Toppings	Chicken Parmesan w/ Breadstick	Sweet & Sour Chicken w/ Brown Rice & Egg Roll	Pizza Baked Beans
Sweet Potato Fries	Refried Beans	Carrots	Mixed Vegetables	Potato Wedges
Cinnamon Apples	Corn	Green Beans	Broccoli	Totato Weages
		Cookie		
8	9	10	11	12
Breakfast Pizza	Mini Pancakes	Benefit Bar	Cinnamon Bun	Apple Cinnamon Texas Toast
Hot Dog on Bun	Totchos w/ Goldfish	Salisbury Steak w/ Din-	Chicken Tenders w/ Roll	Pizza
Baked Beans	Crackers	ner Roll	Potato Wedges	Broccoli
Oven Fries	Corn	Mashed Potatoes	Carrots	Corn
	Salsa	Peas		
15	16	Graham Snack	18	10
Dancaka Sausaga Stick	Mini Cinnis		Mini Donuts	Disquit & Crayer
Pancake Sausage Stick Mini Pancakes & Sau-		Yogurt Parfait		Biscuit & Gravy Pizza
sage Links	Beef Taco w/ Toppings Corn	Chicken Alfredo w/ Breadstick	Tangerine Chicken w/ Brown Rice & Egg Roll	Baked beans
Tater Tots	Salsa	Green Beans	Broccoli	Carrots
Cinnamon Apples		Peas	Mixed Vegetables	
		Mini Rice Krispie Treat		
22	23	24	25	26
Breakfast Pizza	Mini Pancakes	Benefit Bar	Cinnamon Bun	French Toast Sticks
Cheeseburger	Breakfast Pizza w/ Sau- sage Link	Chicken Drumstick w/ Macaroni & Cheese	Popcorn Chicken w/ Din- ner Roll	Cheesy Bread
Potato Wedges	Tater Tots	Broccoli	Mashed Potatoes	Oven Fries
Baked Beans	Carrots	Peas	Corn	Carrots
	Mini Ice Cream Sandwich	. 555		
29	30			
Pancake Sausage Stick	Mini Cinnis			
Mini Waffles & Cheesy Omelet	Walking Taco w/ Queso & Toppings			
Sweet Potato Fries	Refried Beans			
Cinnamon Apples	Corn			
Sides available weekly:				
Baby Carrots	Celery Sticks	Baby Carrots	Celery Sticks w/ PB	Baby Carrots
Fresh Broccoli	Grape Tomatoes	Fresh Pepper Slices	Fresh Broccoli	Grape Tomatoes
Chilled & Fresh Fruit	Chilled & Fresh Fruit	Chilled & Fresh Fruit	Chilled & Fresh Fruit	Chilled & Fresh Fruit
Additional Entrees available at lunch:				
Chicken Nuggets w/ Goldfish	Bosco Sticks w/ Marina- ra Sauce	Breaded Chicken Sand- wich	Mini Corn Dogs	Spicy Chicken Sand- wich
Dunalifacti	Caraal String Chassa Mu	ffine Versust Desertante Fr		ilabla Dailu

Breakfast: Cereal, String Cheese, Muffins, Yogurt, PopTarts, Fruit & 100% Fruit Juice Available Daily

Lunch Entrees Available Daily: Sub Sandwich, Salad Bar, Ham Chef Salad w/ Goldfish & Muffin or Uncrustable w/ String

Cheese & Goldfish

Milk is available with all meals. Milk Choices: 1% Chocolate & 1% White Menu is subject to change based on availability. This institution is an equal opportunity provider.