

KNOX COMMUNITY HIGH SCHOOL

MAY 2024 BREAKFAST & LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cinnamon Cream Cheese Bagel Rotini w/ Meat sauce & Breadstick Corn Carrots	2 Chocolate Filled Soft Pastry French Toast Sticks & Sausage Links Hash Browns Spiced Cinnamon Apples	3 Biscuit & Gravy Big Daddy's Pizza Mixed Vegetables Glazed Carrots
6 Contingency Day	7 Mini Cinnis Beef Taco w/ Toppings Broccoli Refried Beans Chocolate Chip Cookie	8 Mini Donuts Cheeseburger Baked Beans Baked Fries	9 Yogurt Parfait Chicken Nuggets w/ Dinner Roll Mashed Potatoes Corn	10 Breakfast Pizza Bagel Big Daddy's Pizza Glazed Carrots Baked Beans
13 Biscuit & Gravy Pizza Sticks w/ Marinara Sauce Corn Green Beans	14 Apple Frudel Hot Ham & Cheese on Pretzel Bun Potato Wedges Baked Beans	15 Donut Stick Loaded Baked Potato Bar w/ Biscuit Corn Broccoli	16 Cream Cheese Filled Bagel Chili Cheese Hot Dog on Bun Oven Fries Baked Beans	17 French Toast Sticks Cheesy Bread Green Beans Glazed Carrots
20 Breakfast Pizza Sweet & Sour Chicken w/ Brown Rice & Egg Roll Broccoli Mixed Vegetables	21 Cinnamon Bun Beef Nachos w/ Toppings Broccoli Refried Beans Mini Rice Krispie Treat	22 Mini Donuts Cook's Choice Oven Fries Baked Beans	23 Cook's Choice Cook's Choice Vegetable Choices	24 Cook's Choice Cook's Choice Vegetable Choices

Sides available weekly:

Baby Carrots Fresh Broccoli Chilled & Fresh Fruit	Celery Sticks Grape Tomatoes Chilled & Fresh Fruit	Baby Carrots Fresh Pepper Slices Chilled & Fresh Fruit	Celery Sticks w/ PB Fresh Broccoli Chilled & Fresh Fruit	Baby Carrots Grape Tomatoes Chilled & Fresh Fruit
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Additional Entrees available at lunch:

Cheeseburger	Chicken Nuggets w/ Roll	Breaded Chicken Sandwich	Spicy Chicken Sandwich	Corn Dog
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Breakfast: PopTarts, Muffins, String Cheese, Fruit & 100% Fruit Juice Available Daily

Lunch Entrees Available Daily: Sub Sandwich, Ham Chef Salad w/ Cheez-Its & Muffin or Uncrustable w/ String Cheese & Cheez-Its

Milk is available with all meals. Milk Choices: 1% Chocolate & 1% White

Menu is subject to change based on availability. This institution is an equal opportunity provider.