

KNOX COMMUNITY MIDDLE SCHOOL

MAY 2024 BREAKFAST & LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Yogurt Parfait Chicken Parmesan w/ Breadstick Carrots Green Beans	2 Mini Donuts Sweet & Sour Chicken w/ Brown Rice & Egg Roll Mixed Vegetables Broccoli	3 Biscuit & Gravy Pizza Baked Beans Potato Wedges
6 Contingency Day	7 Mini Pancakes Totchos w/ Goldfish Crackers Corn Salsa	8 Benefit Bar Salisbury Steak w/ Din- ner Roll Mashed Potatoes Peas Graham Snack	9 Cinnamon Bun Chicken Tenders w/ Roll Potato Wedges Carrots	10 Apple Cinnamon Texas Toast Pizza Broccoli Corn
13 Pancake Sausage Stick Mini Pancakes & Sau- sage Links Tater Tots Cinnamon Apples	14 Mini Cinnis Beef Taco w/ Toppings Corn Salsa	15 Yogurt Parfait Chicken Alfredo w/ Breadstick Green Beans Peas Mini Rice Krispie Treat	16 Mini Donuts Tangerine Chicken w/ Brown Rice & Egg Roll Broccoli Mixed Vegetables	17 Biscuit & Gravy Pizza Baked beans Carrots
20 Breakfast Pizza Cheeseburger Potato Wedges Baked Beans	21 Mini Pancakes Breakfast Pizza w/ Sau- sage Link Tater Tots Carrots Mini Ice Cream Sandwich	22 Cook's Choice Chicken Drumstick w/ Macaroni & Cheese Broccoli Peas	23 Cinnamon Bun Cook's Choice Entrée Cook's Choice Vegetable Carrots	24 Cook's Choice Cook's Choice Entrée Cook's Choice Vegeta- bles

Sides available weekly:

Baby Carrots Fresh Broccoli Chilled & Fresh Fruit	Celery Sticks Grape Tomatoes Chilled & Fresh Fruit	Baby Carrots Fresh Pepper Slices Chilled & Fresh Fruit	Celery Sticks w/ PB Fresh Broccoli Chilled & Fresh Fruit	Baby Carrots Grape Tomatoes Chilled & Fresh Fruit
---	--	--	--	---

Additional Entrees available at lunch:

Chicken Nuggets w/ Goldfish	Bosco Sticks w/ Marina- ra Sauce	Breaded Chicken Sand- wich	Mini Corn Dogs	Spicy Chicken Sand- wich
--------------------------------	-------------------------------------	-------------------------------	----------------	-----------------------------

Breakfast: Cereal, String Cheese, Muffins, Yogurt, PopTarts, Fruit & 100% Fruit Juice Available Daily

Lunch Entrees Available Daily: Sub Sandwich, Salad Bar, Ham Chef Salad w/ Goldfish & Muffin or Uncrustable w/ String Cheese & Goldfish

Milk is available with all meals. Milk Choices: 1% Chocolate & 1% White

Menu is subject to change based on availability. This institution is an equal opportunity provider.